

Path to Piety

The Great Spiritual and Scholarly Luminary of
15th Islamic Century Shaykh-e-Tariqat,
Amir-e-Ahl-e-Sunnat, the Founder of
Dawat-e-Islami, 'Allamah, Maulana, Abu Bilal

Muhammad Ilyas Attar Qadiri Razavi رحمۃ اللہ علیہ

has formulated a comprehensive collection of Shari'ah
and Tariqah in the form of questions, making it easy to
perform good deeds and abstain from sins in this era of
evils. This collection has been termed as:

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92 Madani In'amat

(For Students of Jami'a-tul-Madinah)

An easy method to act in accordance with these
Madani In'amat has been given at the end of the
booklet. For more details, refer to the book '*Jannat
kay Talabgaron kay liye Madani Guldasta*' (in Urdu
language) published by Maktaba-tul-Madina



Keep watching
Madani Channel

Markazi Majlis-e-Shura



92

Madanī In'amāt

For Students of Jami'a-tul-Madinah

* Shaykh-e-Tariqat, Ameer-e-Ahl-e-Sunnat,
Founder of Dawat-e-Islami, Allamah Maulana

دَامَتْ بَرَكَاتُهُمُ الْعَالِيَةِ

Abu Bilal Muhammad Ilyas Attar Qadiri Razavi



Translated into English by Majlis-e-Tarājim (Dawat-e-Islami)

الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ وَالصَّلَاةُ وَالسَّلَامُ عَلَى سَيِّدِ الْمُرْسَلِينَ
أَمَّا بَعْدُ فَأَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Madanī Clarifications

Four rulings have been established to answer the questions that arise about details and relaxations regarding Madanī In'āmāt¹.

Rule-1: Some Madanī In'āmāt are comprised of a few segments. For example, the Madanī In'ām about Taḥajjud, Ishrāq, Chāsht and Awwābīn includes four segments. In case of such Madanī In'ām, if one practises most of the segments, the Madanī In'ām will be considered fulfilled as per official line. ('Most' means more than half e.g. 51 out of 100 will be considered 'most').

Rule-2: Some Madanī In'āmāt are such that if they are missed on some day, they can be made up for on next day. For example, one remained deprived of reading 4 [consecutive] pages of Faizān-e-Sunnat, or reciting Ṣalāt-'Alan-Nabī 313 times or

¹ In'āmāt literally means 'gifts'. In'ām is the singular for In'āmāt. Every question has been called a 'gift' – a gift for the afterlife, اِنْخَاءَ اِلَى اللّٰهِ عَزَّوَجَلَّ. [Majlis-e-Tarājim]

reciting at least 3 verses of the Holy Quran from Kanz-ul-Īmān with translation and commentary. In such case, if he computes and practises for that much times in the following days, for the number of days in which he missed, the Madanī In'ām will be considered fulfilled.

Rule-3: It takes some time to get accustomed to some of the Madanī In'āmāt. For instance: abstaining from laughing loudly, avoiding offensive language and keeping the eyes lower whilst walking. During the period effort is being put in, the Madanī In'ām will be considered fulfilled. (Effort will be considered valid if practice is done at least thrice that day).

Rule-4: Some Madanī In'āmāt are such that they cannot be acted upon due to a valid excuse or because of being engaged in other Madanī activity. For example, an Islamic brother could not practise some Madanī In'ām e.g. could not attend Madrasa-tul-Madīnah for adults because he was involved in other Madanī activities; or is deprived of kissing the hands of his parents because they have passed away or are living in some other city; or if he is illiterate and cannot communicate in writing. In such cases, the Madanī In'ām would be considered fulfilled as per party line.

67 Day-to-Day Madanī In'āmāt

First Level: 16 Madanī In'āmāt

1.	Today, did you observe virtuous intentions before performing some of the permissible acts? Moreover, did you persuade at least two others to do the same?															
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
2.	Today, did you offer all the five daily Ṣalāh in the first row of the Masjid, with Jamā'at (congregation), achieving the Primary Takbīr ¹ ? Did you try to take at least one person to the Masjid with you?															
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
3.	Today, did you recite some Awrād from your Shajarah and invoked Ṣalāt-ʿAlan-Nabī at least 313 times? Did you remain in the state of Wuḍū [ritual ablution] for most part of the day today?															
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

¹ Primary Takbīr [Takbīr-e-Taḥrīmāh] is accomplished if one joins the Jamā'at up until the Rukū' of the first Rak'at (cycle).

4.	Today, whilst going at work or returning home in bus/train etc. or whilst walking through the lanes, did you greet the Muslims sitting or standing next with Salām?															
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
5.	Today, did you attend your lesson sessions from start to finish? Did you (those not availing boarding) study your lessons for at least one hour at your home?															
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
6.	Today, did you make Du'ā for forgiveness for your Murshid [spiritual guide], your parents, your teachers and the entire Ummah after at least one Ṣalāh?															
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
7.	Today, did you respond [by Salām] instantly to the Salām paid to you by others? If someone invoked اَلْحَمْدُ لِلّٰهِ upon sneezing before you, did you respond instantly by invoking اَللّٰهُ يَرْحَمُكَ (in a tone audible to both)? (Respond to Salām/sneezing of non-Maḥram with a tone audible only to yourself).															
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

8.	Today, did you deliver or listen to at least two Dars from <i>Faizān-e-Sunnat</i> (in Masjid, home, shop, market area; wherever convenient)? (Of these two, it is necessary to do one at home).															
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
9.	Today, did you abide by the timetable of Jāmi'ah/ Madrasah? (Reach on time and attend classes until the final period; do not waste time talking about unnecessary things. Do not leave quietly for home during a period without seeking the permission of the teacher or administration).															
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
10.	Today, did you recite Āyat-ul-Kursī, Tasbiḥ-e-Fātimah and Sūrah Al-Ikhlāṣ after offering each of the daily Ṣalāh, and before going to sleep? Did you recite or listen to Sūrah Al-Mulk at night?															
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

11.	Today, did you respond to Azān [call for Ṣalāh] and Iqāmah [call to congregational Ṣalāh] discontinuing all activities like talking, walking, picking up and putting down things, talking on the phone, driving car etc.? (If Azān starts while you are already eating/drinking, you may continue).															
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
12.	Today, did you converse courteously with everybody (at home and outside) whether younger or older, even with your mother (and your children and their mother)?															
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
13.	<p>اِنْ شَاءَ اللّٰهُ عَزَّوَجَلَّ means 'if Allah عَزَّوَجَلَّ willed'. Persuasion for invoking it is mentioned in Ahadees. Did you invoke the sacred words of اِنْ شَاءَ اللّٰهُ عَزَّوَجَلَّ at the time of intending for any permissible thing with firm commitment or not? Did you invoke اَلْحَمْدُ لِلّٰهِ عَلَى كُلِّ حَالٍ (i.e. thanksgiving to Allah عَزَّوَجَلَّ under every condition) instead of moaning when somebody asked about your health and did you invoke مَا شَاءَ اللّٰهُ عَزَّوَجَلَّ (i.e. whatever be the will of Allah عَزَّوَجَلَّ) on seeing bounty upon somebody?</p>															
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

14.	Today, did you read or listen to some reforming book published by Maktaba-tul-Madīnah for 12 minutes; and read or listen to at least four pages of <i>Faizān-e-Sunnat</i> in sequence (excluding that of Dars)?															
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
15.	With utmost concentration did you check off the boxes for the Madanī In'amāt which you acted upon today, whilst practising Fikr-e-Madīnah (reflecting upon your deeds) for at least 12 minutes?															
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
16.	Today, did you try your best to sleep on mat woven from palm leaves (not made up of plastic) and, if unavailable, on the floor? Furthermore, did you keep a mirror, kohl, comb, needle & thread, Miswāk, bottle of oil and a pair of scissors near your pillow while sleeping (and along with you while travelling) in accordance with the Sunnah? Did you fold your clothes and beddings etc. after using them?															
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

Second Level: 25 Madanī In'āmāt

17.	Today, did you refrain from wasteful use of water during Wuḍū and Ghusl etc.? Furthermore, did you switch off any tube lights, fans etc. which were ON unnecessarily?																													
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total														
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30															
18.	Today, during meals, did you try your utmost to sit according to the Sunnah, observe ‘Purdah over Purdah’ and use clay utensils? Moreover, did you make an effort to observe ‘Qufl-e-Madīnah of the Stomach’ (i.e. eating less than the appetite)? (May you be blessed with the virtue of tying a stone on your stomach for at least 12 minutes).																													
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total														
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30															

¹ 'Purdah over Purdah' in the Madanī environment refers to double covering the private parts – with clothes and then with a sheet [Chādar] or with the kurta.

19.	Today, when you were awoken for Ṣalāh or else, did you get out of bed right away, or did you lie back down again, or did you sit down on the bed and doze off? Furthermore, on the completion of the allocated time for sleep, did you fold and put your bedding away in its place or did you just leave that over there?															
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
20.	Today, did you offer Ṣalāt-ut-Taubaḥ at least once (preferably before going to bed) and repent of the sins committed today as well as in the past? Further, in case some sin gets committed, Allah عَزَّوَجَلَّ forbid, did you repent instantly and vow never to commit that sin again?															
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
21.	Today, did you offer the Nafl Ṣalāh's of Taḥajjud, Ishrāq, Chāshṭ and Awwābīn?															
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

22.	Did you offer Naf̣l Ṣalāh's of Taḥiyya-tul-Wuḍū and Taḥiyya-tul-Masjid at least once today?															
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
23.	Today, did you recite or listen to at least three verses of the Holy Quran from Kanz-ul-Īmān (with their translation and exegesis)?															
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
24.	Today, did you observe 'Purdah over Purdah' (in the home as well as outside)? Did you often practise the Sunnah of keeping face towards the holy Qiblah whilst seating?															
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
25.	Today, did you try to convince at least two Islamic brothers through Infirādī Koshish [individual inspirational efforts] towards Madanī Qāfilah, Madanī-In'amāt etc.?															
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

26.	Today, did you spend at least 2 hours for Madanī activities of Dawat-e-Islami (e.g. inspiring others through individual effort, attending Dars, Bayān, or Madrasa-tul-Madinah for adults)?															
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
27.	Today, did you act according to the 19 pearls of wisdom [Madanī P̄hūl], wherever possible, to establish a Madanī Māḥaul [environment] at your home? (These 19 Madanī pearls can be found at the end of this booklet).															
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
28.	Today, did you refrain from retaliating against somebody who launched complain (to your teachers, parents etc.), considering it a petition against you? Did you thank him in case complaint was valid or did you forgive him in case of unfair complaint? Further, did you avoid making unfair complaints against others?															
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

29.	Today, did you observe patience in case of feeling resentment at anything your teachers or administration said to you or مَعَاذَ اللَّهِ did you commit the unwise act of expressing your anger to others? (Disclosing the administrative weaknesses of Madrasah to anyone other than the relevant management without Shar'i consideration is extremely bad act).																													
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total														
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30															
30.	Today, مَعَاذَ اللَّهِ did you commit criticism against Sunnī scholars? (I am disgusted with those who criticize, pick faults in, or backbite any Sunnī scholar without Shar'i consideration, whether the one criticizing is a teacher or a student - saying of Ameer-e-Ahl-e-Sunnat رَأَيْتُمْ كَيْفَ كَانُوا الْعَالِيَةِ)																													
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total														
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30															
31.	Today, did you offer preceding Sunnah Ṣalāh of Fajr, Zuhr, 'Aṣr and 'Ishā (before the Jamā'at of Farḍ Ṣalāh) and the succeeding Nafl Ṣalāh after the Farḍ Ṣalāh? (Nafl Ṣalāh may also be offered after Dars/Bayān).																													
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total														
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30															

32.	Today, did you abide by the Markazī Majlis-e-Shūrā, Kābīnāt, Mushāwarāt and various Majālis you are subordinate of (within the stipulations of Sharī'ah)?															
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
33.	Today, ﷺ did you commit the mistake of asking some question for the purpose of examining the teacher?															
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
34.	Today, did you refrain from borrowing and using other people's belongings (e.g. shawl, phone, vehicle etc.)? (End the habit of borrowing things from others. Keep your belongings marked and well secured with you).															
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
35.	Today, when feeling anger towards someone (in the home and outside), did you react by speaking out, or did you control your anger by observing silence? Moreover, did you forgive, or did you keep seeking opportunities for revenge?															
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

36.	Today, did you refrain from asking such useless questions which usually lead to other people committing the major sin of lying? (For example, asking ' <i>Did you like the meal?</i> ' needlessly etc.).															
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
37.	Today, did you abstain from the unlawful act of talking laughingly and in over-interactive manner with non-Mahram relatives, neighbours and also your sister-in-law? Did you avoid coming in front of them and did you observe Shar'i Purdah?															
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
38.	Today, did you abstain from watching movies, dramas, and listening to music/songs on television, VCR, DVD or Internet etc. (at home and outside)? Did you keep your eyes closed for at least 12 minutes (besides sleeping), in order to inculcate the habit of guarding the eyes from sins?															
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

39.	Today, did you refrain from laying false blame on others and name calling (in the home and outside) and swearing at others? (Don't call anybody a pig, a donkey, a thief, lanky, shorty, etc.).															
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
40.	Today, did you refrain from intruding into other's conversations interrupting their words without listening to their point properly? Moreover, despite understanding the point, did you bother others to repeat themselves, by your casual gestures, facial expressions, or by saying words like: 'What?', 'Pardon?' etc.															
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
41.	If some responsible brother (or any common Islamic brother) committed a wrongdoing and needs to be rectified, did you attempt to rectify him (in a polite manner) either in writing or by meeting him in person or مَعَاذَ اللَّهِ did you commit the grave sin of backbiting by revealing it to some other without stipulation of Shari'ah?															
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

Third Level: 26 Madanī In'āmāt

42. Today, during conversations, did you try to make use of the official terms of Dawat-e-Islami? Did you make an effort to correct your pronunciation?

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

43. Today, did you teach or learn in Madrasa-tul-Madīnāh for adults? Did you get home within two hours of the time of Jamā'at of Ṣalāt-ul-'Ishā in Masjid of your environs?

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

44. Today, did you avoid imitating your respected teachers or others in their absence? Further, did you refrain from committing the disrespect of sitting in the seat of your teacher? (One who does not respect his teacher inwardly and outwardly cannot win the kernel of knowledge).

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

45.	Did you avoid putting pictures or stickers of living beings on your clothes, satchel, books, on the walls of your home, Madrasah etc? Further, did you refrain from the indecent tendency of inscribing obscene remarks or sketches on the walls/doors of the toilets? (It is an offence to even look at such obscene remarks/sketches).															
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
46.	Today, did you avoid committing disrespect of leaving your books, notebooks etc. carelessly, or sitting (e.g. in a chair) at a level higher than that of the books/notebooks etc.															
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
47.	Did you invoke Ṣadā-e-Madīnah today (waking Muslims up for Ṣalāt-ul-Fajr is called 'Ṣadā-e-Madīnah' in the Madanī Māḥaul of Dawat-e-Islami)?															
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
48.	Did you succeed in refraining from telling lie, backbiting, tale-telling & slandering, jealousy, arrogance and breaking promises today?															
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

49.	Today, did you make an effort to refrain from laughing (i.e. to roar with laughter) as much as possible? (Smiling, as and when required, is Sunnah).																Total
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15		
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30		
50.	Did you make an effort today to refrain from peeping (needlessly) outside from the veranda of your home or peeping inside other's homes through their doors etc.?																Total
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15		
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30		
51.	Have you developed personal relations with one or a few (bearing no Shar'i purpose) or do you maintain uniform conduct with all? (Personal friendships and grouping usually hinder progress of Sunnah inspiring movement).																Total
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15		
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30		
52.	Did you keep your eyes lowered most of the time observing 'Qufl-e-Madinah' of the eyes whilst walking or travelling today? Moreover, did you refrain (at home and outside) from looking here and there, at the billboards etc. needlessly?																Total
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15		
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30		

53.	Did you attentively listen to at least one Bayān or Madanī Muẓākarah today from audio/video cassette in a cassette Ijtimā' or individually, or watch transmissions of Madanī channel for at least one hour and 12 minutes?															
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
54.	Whilst talking with others today, did you keep your eyes lowered or look straight at them? (Use the Qufl-e-Madinah glasses for at least 12 minutes in order to develop the habit of maintaining lowered eyes).															
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
55.	Did you avoid delay in paying back your debts (despite being capable of paying back) today without the consent of the creditor(s)? Did you return back the (temporarily) borrowed belongings after the fulfilment of their use, within the stipulated time?															
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

56.	Upon knowing weakness of some Muslim today, did you guard his good name by concealing it or disclose (without Shar'ī requirement)? Did you refrain from revealing somebody's secret (without his consent) thereby avoiding breach of trust?															
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
57.	Did you make an effort to observe fearfulness in body and heart of Allah عَزَّوَجَلَّ (Khushū' & Khuḍū') whilst offering Ṣalāh and making Du'ā today? Also, did you observe manners of raising hands whilst making Du'ā?															
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
58.	Did you practise 'Qufl-e-Madīnah of the Tongue' to inculcate habit of refraining from useless talks today by communicating occasionally through gestures, and at least four times by writing?															
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

59.	Did you refrain from committing hypocrisy and ostentation today by avoiding expressing the humility that was unfounded in the heart? (For example, someone says: ‘I am mean’ or ‘I am nasty’ but in fact, he does not consider himself mean or nasty in his heart).																													
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total														
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30															

60.	Today, did you take every lawful food (at home, Madrasah, hostel etc.) observing patience and gratefulness? (Pulling faces at the meal if it is not delightful for Nafs or معاذ الله criticizing the food is not Sunnah; our Beloved Prophet صلى الله تعالى عليه وآله وسلم would never criticize the food).																													
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total														
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30															

61.	Today, did you refrain from sowing discord and hatred by telling the weakness of one teacher to the other? (Instead of saying ‘my teacher’ and ‘your teacher’, respect all teachers equally complying with the stipulations of Sharī‘ah).																													
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total														
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30															

62.	Today, did you refrain from Tawriyāh (falsehood) without Shar'i requirement? (For example, when teacher asked whether you have studied your lesson and you replied, 'Yes'; even though the apparent meaning of this refers to today's lesson, but in your heart you were tactfully referring to yesterday's lesson. This is a sort of falsehood).																													
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total														
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30															
63.	Today, did you abstain from proximity to Amrad [without Shar'i requirement], touching him, intentionally staring at him? (To develop close relationship with Amrad (attractive lad) and to accompany him in solitude can be extremely detrimental for the afterlife).																													
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total														
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30															
64.	Today, if asked by some student, did you help him understand his lesson? Furthermore, did you refrain from looking down on one who did not have as good an understanding of any particular subject as you have, making yourself fear the indifference of Allah ﷻ in case of such Satanic whisper?																													
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total														
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30															

65.	Did you make an effort to make use of minimum words even during unavoidable conversations today? Also, in case useless words slipped out, did you immediately feel remorse and invoke Ṣalāt-‘Alan-Nabī?															
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
66.	Did you make an effort to refrain from joking, taunting, laughing aloud and hurting other's feelings (at home and outside) today? (Remember, it is a major sin to hurt the feelings of a Muslim).															
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
67.	Did you spend your whole day today (at work, home etc.) wearing ‘Imāmaḥ (along with a bandanna if hair are oily), maintaining Zulfayn and fistful beard (if it grows), wearing (white) kurta up to halfway down the shin according to Sunnaḥ, keeping Miswāk noticeable in the front pocket, and keeping the bottoms (of pyjama etc.) above the ankles?															
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

Record of Practising Qufl-e-Madinah (Madanī month _____ year ____)				
Date	Communicating by writing	Communicating via signs & gestures	Talking without staring at the person's face	Using Qufl-e-Madinah spectacles
	at least 12 times	at least 12 times	at least 12 times	approx. 12 minutes
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				
21				
22				
23				
24				
25				
26				
27				
28				
29				
30				
Total				

8 Weekly Madanī In'āmāt

- | | | |
|------------|--|--|
| 68. | Did you observe I'tikāf all the night in Masjid this week attending the weekly Ijtimā' from the beginning to the end, sitting in reverential posture like that in Ṣalāh (for as long as possible), keeping eyes lowered most of the time, listening to all the Bayānāt, participating in Ṣikr and Du'ā and paying Ṣalāt-o-Salām whilst standing (including Ḥalqāh and Ṣalāh's of Taḥajjud, Fajr, Ishrāq and Chāsht)? | |
| 69. | Right after the Ijtimā' this week, did you come forward to carry out individual effort on newcomers, meeting them warmly and noting down their names, addresses and contact numbers? (Meet at least four such Islamic brothers and take the contact number of at least one of them. Also stay in touch with them thereafter). | |
| 70. | Did you make an effort this week to seek out an Islamic brother (who was once affiliated with the Madanī Māḥaul but is not in touch presently) and persuade him to rejoin the Madanī Māḥaul? (This does not include those who have been banned officially). | |

7 Monthly Madanī In'āmāt

76.	Did you fill out and submit the previous Madanī month's Madanī In'āmāt booklet to your Żailī Nigrān?	
77.	Did you observe Qufl-e-Madina for 25 hours having read the booklet 'Silent Prince' on the first Monday of this month in order to develop habit of refraining from useless talks?	
78.	Did you refrain from availing unnecessary days off (except the days off set by Madrasah) this month without valid reason?	
79.	Inspired by your individual effort, did at least one Islamic brother travel with the Madanī Qāfilaḥ and at least one Islamic brother submit his Madanī In'āmāt booklet this month?	

80.	Did you gift 12 PKR or 112 PKR to some Sunnī 'Ālim (or Imām/caretaker/Mūazzin of a Masjid) this month? (A minor is not eligible to gift his personal money).	
81.	Have you memorized along with translation: Du'ā for the funeral Ṣalāh of adults and minors (boys and girls), the six Kalimahs, Īmān-e-Mufaṣṣal, Īmān-e-Mujmal, Takbīr-e-Tashrīq and Talbiyah (Labbaik)? Did you recite all of them on the first Monday (or on any other day if you could not on Monday) of this month?	
82.	Have you memorized, with correct pronunciation and translation: Azān, Du'ā that is recited after Azān, the last ten Sūrahs of the Holy Qurān, Du'ā-e-Qunūt, Attahīyyāt, Durūd-e-Ibrāhīm and any one Du'ā-e-Māšūrah? Did you recite all of them on the first Monday (or on any other day if you could not on Monday) of this month?	

10 Yearly Madanī In'āmāt		
83.	Have you read or listened to all Madanī booklets (those that you are aware of) written by Ameer-e-Ahl-e-Sunnat دَامَتْ بَرَكَاتُهُمُ الْعَالِيَةِ at least once during this year?	
84.	Have you read, or listened to all the pamphlets of Madanī pearls (those that you are aware of) at least once during this year?	
85.	Did you travel with a continuous 30-day Madanī Qāfilāh this year, observing the Qāfilāh schedule? (If you have not yet travelled with a continuous 12-month Madanī Qāfilāh yet, make an intention to travel at least once in your lifetime).	
86.	Have you read, or listened to the book 'Ayyuḥal Walad' written by Imām Ghazālī عَلَيْهِ رَحْمَةُ اللَّهِ الْوَالِي at least once this year.	

87.	Have you read or listened to the chapters on the subjects of repentance [Taubah], devotion [Ikhlaṣ], piety [Taqwā], fear of Allah عَزَّوَجَلَّ and good hope from Him [Khauf & Rijā], vanity and ostentation [‘Ujub & Riyā], and guarding the eyes, ears, tongue, heart and stomach from Imām Ghazālī’s last treatise <i>Minhāj-ul-‘Ābidīn</i> at least once this year?	
88.	Have you read the following subject matters from <i>Bahār-e-Sharī’at</i> : <i>Apostasy</i> from part 9; <i>trading</i> (buying and selling) from part 16; <i>rights of parents</i> ; (and if married) <i>Maḥārimāt</i> , and <i>rights of spouse</i> from part 7; <i>upbringing of children</i> from part 8, details regarding <i>divorce</i> , <i>Zihār</i> , and <i>Ṭalāq-e-Kināyah</i> at least once during this year?	
89.	Have you read the whole Holy Quran with correct pronunciation of Arabic letters at least once during your lifetime? Did you repeat it during this year?	

90.	During this year, have you read or listened to <i>Tamhīd-ul-Īmān</i> and <i>Husām-ul-Haramayn</i> written by A'lā Ḥaḍrat رَحْمَةُ اللهِ تَعَالَى عَلَيْهِ؟ Furthermore, have you made somebody your 'ideal' [role model]? (The ideal of Ameer-e-Ahl-e-Sunnat is A'lā Ḥaḍrat).	
91.	Having learnt correct method of Wuḍū, Ghusl and Ṣalāh from <i>Bahār-e-Sharī'at</i> or <i>Laws of Ṣalāh</i> , have you got yourself screened from some Sunnī scholar or a senior Muballigh in this regard?	
92.	Have you read, or listened to the books ' <i>Kufriyāh Kalimāt kay bāray mayn Suwāl Jawāb</i> ' and <i>Chanday Ke Barey Mein Suwāl Jawāb</i> published by Maktaba-tul-Madīnah this year?	

Rituals for Earning Pleasure of Allah ﷺ

Friend of ‘Attar

Ameer-e-Ahl-e-Sunnat دَامَتْ بَرَكَاتُهُمُ الْعَالِيَةِ says: Whoever performs the following 12 rituals consistently is my ‘Friend’:

1. Offers the five times daily Ṣalāh (in addition to other Farāiḍ and Wajibāt) in the first row of the Masjid with Jamā’at, achieving the Primary Takbīr. Further, ushers at least one person to the Masjid each time.
2. Delivers or listens to two Dars (in Masjid, home, shop, market area; wherever convenient) from *Faizān-e-Sunnat* (of these two, it is necessary to do one at home).
3. Teaches or learns in Madrasa-tul-Madīnah (for adults), and gets home within two hours of the time of Jamā’at of Ṣalāt-ul-‘Ishā in the Masjid of his environs.
4. Persuades at least two Islamic brothers through Infirādī Koshish towards Madanī Qāfilah, Madanī In’āmāt and other Madanī activities.

5. Spends at least 2 hours for Madanī activities of Dawat-e-Islami (e.g. inspiring others through individual effort, attending Dars or Bayān or Madrasa-tul-Madīnah for adults etc.).
6. Invokes Ṣadā-e-Madīnah every day.
7. Attends the weekly Ijtimā' from the beginning to the end, stays in the Masjid observing I'tikāf overnight and offers Tahajjud, Fajr, Ishraq and Chāsht there.
8. Participates, at least once in a week, in the regional visit to call people towards righteousness. (In business centres, on Wednesday before Zuhr Ṣalāh, and in residential areas on off day, between 'Aṣr and Maghrib).
9. Makes an effort every week to search an Islamic brother (who was once affiliated with Madanī Māḥaul but is not in touch presently) and persuades him to rejoin the Madanī Māḥaul? (But those who have been banned officially are not meant here).
10. Listens to at least one Bayān or Madanī Muzākaraḥ every day, or watches Madanī channel for at least 1 hour and 12

minutes every day. (Ameer-e-Ahl-e-Sunnat **دَامَتْ بَرَكَاتُهَا الْعَالِيَةِ** becomes extremely pleased with such Islamic brother).

11. Fills out the Madanī In'āmāt booklet every day, whilst performing Fikr-e-Madīnāh and submits it in the Madanī In'āmāt office on the first Thursday of every Madanī (Islamic) month.
12. Travels with a 3-day Madanī Qāfilāh every month, observing the Qāfilāh schedule. Bears the intention to travel with a 12-month Madanī Qāfilāh once in lifetime and with 30-day Madanī Qāfilāh in every 12 months. (Students of Jāmi'āt of Dawat-e-Islami should travel according to the schedule provided by their Majlis).

Dear of 'Attar

Ameer-e-Ahl-e-Sunnat **دَامَتْ بَرَكَاتُهَا الْعَالِيَةِ** states, 'Whoever, in addition to the 12 rituals given above, fulfils the requirements of at least 63 out of 72 Madanī In'āmāt is my 'Dear'. The Student of Madrasa-tul-Madīnāh or Jāmi'a-tul-Madīnāh who use to practise at least 82 out of 92 Madanī In'āmāt is my Dear.'

Beloved of 'Attar

Ameer-e-Ahl-e-Sunnat دَامَتْ بَرَكَاتُهُمُ الْعَالِيَةِ has stated, 'Whoever performs the following five activities in addition to becoming my Friend and my Dear by practising above rituals is my Beloved:

1. Communicates by means of writing at least 12 times every day.
2. Communicates with gestures at least 12 times daily.
3. Uses the Qufl-e-Madīnah spectacles for at least 12 minutes every day.
4. Keeps his eyes lowered while talking to others for at least 12 times (when talking is unavoidable).
5. Reads at least one booklet every week. (Ameer-e-Ahl-e-Sunnat دَامَتْ بَرَكَاتُهُمُ الْعَالِيَةِ is extremely pleased with one who reads at least one booklet daily).'

‘Attar’s dearest

Ameer-e-Ahl-e-Sunnat دَامَتْ بَرَكَاتُهُمُ الْعَالِيَةِ has stated, ‘Whoever practises all the 72 Madanī In'amāt in addition to all the rituals mentioned above is my ‘Dearest’. A student who practises all 92 Madanī In'amāt in addition to all above rituals is Dearest to me.’

Sentiments of ‘Attar

Ah! Ah! Ah! My heart is in a constant state of fearfulness, as I do not know what is Allah’s covert will for me! However the feelings of my heart are such that if Allah عَزَّوَجَلَّ bestows me with His Special Favours for the sake of His Noblest Prophet صَلَّى اللَّهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ, I will take everyone of my Friends, Dears, Beloveds and the Dearest along with me to Jannat-ul-Firdaus, إِنَّ شَاءَ اللَّهُ عَزَّوَجَلَّ.

From whom is ‘Attar annoyed with!

Any Islamic brother who publicly opposes Dawat-e-Islami’s Markazī Majlis-e-Shūrā, Intizāmī Kābīnāt or any other Majlis, without any Shar’ī requirement is neither my Friend, nor my

Dear, nor my Beloved and nor my Dearest. Instead, the heart of 'Aṭṭār is annoyed with him.

Du'ā from 'Attar

O Allah **عَزَّوَجَلَّ**! Grant me, and my Friends, my Dears, my Beloveds and my Dearest who fulfil these rituals daily, an abode in Paradise in the neighbourhood of the Beloved and Blessed Prophet **صَلَّى اللَّهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ**.

أَمِينَ بِجَاهِ النَّبِيِّ الْأَمِينِ صَلَّى اللَّهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ

Markazī Majlis-e-Shūrā
(Dawat-e-Islami)

الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ وَالصَّلَاةُ وَالسَّلَامُ عَلَى سَيِّدِ الْمُرْسَلِينَ
أَمَّا بَعْدُ فَأَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

19 Madanī pearls for developing Madanī Māḥaul in the home

1. When entering or leaving the home, pay Salām loudly.
2. When you see your father or mother coming, stand up out of respect.
3. At least once a day, Islamic brothers should kiss the hands and feet of their father, and Islamic sisters should kiss the hands and feet of their mother.
4. Keep your tone of voice low in front of your parents, never stare at them, and keep your eyes lower whilst talking to them.
5. Immediately complete any task which they assign you [if it is not against Sharī'ah].
6. Adopt a sober conduct. Refrain from stubborn argumentation, laughing and joking, getting angry over

small issues, finding faults in food, scolding or hitting younger brothers and sisters, or quarrelling with elders of the household. If you have such habits, change your attitude thoroughly and seek forgiveness from everyone.

7. If you will adopt sober conduct in the home and outside اِنْ شَاءَ اللّٰهُ عَزَّوَجَلَّ the blessings of this will definitely prevail in your home.
8. Speak to your mother, even the mother of your children, and the children, even the infants of home (or outside) in a courteous manner. [While conversing in Urdu, address others by using 'Āp' instead of 'Tū'].
9. Go to bed within 2 hours of the time of 'Ishā Jamā'at in the Masjid of your environs. If only you wake up for Taḥajjud, or at the very least, wake up easily for Fajr, and offer congregational Fajr Ṣalāḥ in the first row of the Masjid. In this way, laziness will not be felt at work either.
10. If any members of the family are sluggish in offering Ṣalāḥ, or if they commit the sins of unveiling, watching films and dramas, or listening to songs, and you are not the head of the family, and furthermore, you believe that

there is a strong possibility that they will not listen to your advice, then instead of constantly rebuking them, encourage them to listen to/watch the Bayānāt released by Maktaba-tul-Madīnah, and convince them to watch Madanī channel. **إِنْ شَاءَ اللَّهُ عَزَّوَجَلَّ** you will notice a pleasant Madanī change.

11. No matter how much you are scolded at home, or even if you are beaten, be patient, be patient, and be patient. If you started to pay back in the same coin, then there will be no hope of developing Madanī environment in your home, and in fact this could further worsen the situation. If unwarranted strictness is observed, Shayṭān sometimes succeeds in making the people stubborn.
12. One excellent method of creating Maḍanī environment in the home is to ensure that you deliver or listen to a Dars from *Faizān-e-Sunnat* at your home every day.
13. Continuously make heartfelt Du'ā for everyone in your family, as the Beloved Prophet **صَلَّى اللَّهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ** has said, **‘الدُّعَاءُ سِلَاحُ الْمُؤْمِنِ** meaning, *‘Du'ā is the weapon of true believer.’* (*Al-Mustadrak lil-Hākim, vol. 2, pp. 162, Ḥadīṣ 1800*)

14. In the above lines, wherever home is mentioned, those who live with their in-laws should take this as the home of their in-laws, and where parents are mentioned, they should observe the same courteous conduct with their mother-in-law and father-in-law, as long there is no Shar'ī prohibition in doing so.
15. It is mentioned on page 290 of *Masā'il-ul-Quran*, 'Recite the following Du'ā after every Ṣalāh (with Ṣalāt-ʿAlan-Nabī once before and once after it) **إِنْ شَاءَ اللَّهُ عَزَّوَجَلَّ** your family members will become adherent to the blessed Sunnah and a Madanī environment will prevail in your home.' The Du'ā is:

**[اَللّٰهُمَّ] رَبَّنَا هَبْ لَنَا مِنْ اَزْوَاجِنَا وَذُرِّيَّتِنَا قُرَّةَ اَعْيُنٍ
وَاجْعَلْنَا لِلْمُتَّقِيْنَ اِمَامًا ۝**¹

Note: (اَللّٰهُمَّ) is not part of the Quranic verse.

¹ O our Lord, soothe our eyes with our wives and our children, and make us leader of the pious. [*Kanz-ul-Īmān (Translation of Quran)*] (Part 19, Surah Al-Furqān, Verse 74)

16. When a disobedient child or any such member of the family is sleeping, recite the following blessed Āyah [verse] every day for 11 to 21 days by his bedside towards the head in such a tone of voice that the person does not awaken from his sleep:

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
بَلْ هُوَ قُرْآنٌ مَجِيدٌ ﴿٢١﴾ فِي لَوْحٍ مَحْفُوظٍ¹

(With Ṣalāt-‘Alan-Nabī once before and once after it).

Remember! When dealing with a disobedient adult, there is a chance that he may awaken if this invocation is performed aloud whilst he is sleeping, especially if he is not in deep sleep. It is difficult to ascertain whether somebody has just closed his eyes or whether he is actually asleep, therefore when there is a chance of discord or trouble, do not execute

¹ In fact it (what they deny) is the noble Quran, in the Preserved Tablet. [*Kanz-ul-Īmān (Translation of Quran)*] (Part 30, Surah Al-Buruj, Verse 21, 22)

this invocation. In particular, a wife should not perform this invocation for her husband.

17. To make disobedient children obedient, recite **يَا شَهِيدُ** 21 times every day after Ṣalāt-ul-Fajr whilst face towards the sky, until getting the desired results.
18. Practising the Madanī In'amāt ought to be part of your life. Furthermore, infuse Madanī In'amāt with wisdom and affection in those members of your household whom you consider tender-hearted. If you are father, then make similar effort on your children. With the benevolence of Allah **عَزَّوَجَلَّ**, Madanī revolution will take place in your households.
19. Travel regularly for at least 3 days in Madanī Qāfilāh every month with the devotees of the Prophet and make Du'ā for your family during the Qāfilāh. Several Madanī marvels regarding Madanī revolution in various households by virtue of Madanī Qāfilāh have been reported.

Record - Rituals for Earning Pleasure of Allah ﷺ

1.	Did effort was made to practise the prescribed Madanī In'amāt during most of the days of this month?											
2.	Did you communicate by writing at least 12 times a day during most of the days of this month?											
3.	Did you communicate by gestures at least 12 times a day, during most of the days of this month?											
4.	Did you try to refrain from staring directly at others during conversations, at least 12 times a day, during most of the days of this month?											
5.	Did you use the Qufl-e-Madīnāh spectacles for at least 12 minutes a day, during most of the days of this month?											
6.	How many booklets of Ameer-e-Ahl-e-Sunnat دامت بركاته العالیة did you read during this month?	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 100%;">1st Week</td> <td></td> </tr> <tr> <td>2nd Week</td> <td></td> </tr> <tr> <td>3rd Week</td> <td></td> </tr> <tr> <td>4th Week</td> <td></td> </tr> <tr> <td>Total</td> <td></td> </tr> </table>	1 st Week		2 nd Week		3 rd Week		4 th Week		Total	
1 st Week												
2 nd Week												
3 rd Week												
4 th Week												
Total												
7.	Upon how many Madanī In'amāt out of 92 you tried to act this month?											
8.	In how many days, you performed Fikr-e-Madīnāh this month?											
9.	In how many days, you travelled with Madanī Qāfilāh this month?											
اَلْعَفْدُ لِلّٰهِ عَزَّوَجَلَّ This month, I succeeded in becoming:		<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td>Friend of 'Attar</td> <td></td> </tr> <tr> <td>Dear of 'Attar</td> <td></td> </tr> <tr> <td>Beloved of 'Attar</td> <td></td> </tr> <tr> <td>'Attar's dearest</td> <td></td> </tr> </table>	Friend of 'Attar		Dear of 'Attar		Beloved of 'Attar		'Attar's dearest			
Friend of 'Attar												
Dear of 'Attar												
Beloved of 'Attar												
'Attar's dearest												
I will strive to act upon ____ Madanī In'amāt next month, اِنْ شَاءَ اللّٰهُ عَزَّوَجَلَّ .												

Easy Method of Fikr-e-Madinah

In this booklet, check boxes have been given for each Madani In'am corresponding to thirty days of the month. Fill this questionnaire every day at a fixed time whilst practising Fikr-e-Madinah (Ritual Contemplation). Use an "Inverted Tick Mark" (┐) to check off the box if the righteous deed mentioned in the Madani In'amit has been fulfilled. Otherwise, mark the box with a circle "O". **اَللّٰهُمَّ اِنِّىْ اَسْأَلُكَ** You will progress in righteous deeds, feeling resentment towards sins.

It is mentioned in a Hadith, "Contemplating for a moment (in matters of afterlife) is better than Nafl worship of sixty years." (Al-Jami' as-Saghir, pp. 365, hadith 5897)

Du'a from 'Atfār: O Allah **اَللّٰهُمَّ** Whoever acts upon the Madani In'amit to win Your Pleasure filling out the booklet daily and submits it to his Zaili Nigrān every month, bestow him with steadfastness in righteous deeds and make him Your chosen servant.

Madani Month _____ Madani Year _____

Name with Father's Name: _____ Age (approx.): _____

Complete Address: _____

Zaili Halqa: _____ Halqa: _____ Region/City: _____

What time have you fixed for Fikr-e-Madinah (i.e. for filling the check boxes during contemplation)? _____

Faizan-e-Madina Mahallah Saudagran Old Sabzi Mandi
Babul Madina (Karachi)

+92-21-34921389 to 93, 34126999 Fax: +92-21-34125858
www.dawateislami.net , translation@dawateislami.net